

ROCKET FOOTBALL INFORMATION FOR 2011
PLEASE KEEP THIS INFORMATION UNTIL THE SEASON ENDS
PARENTS YOU ARE RESPONSIBLE FOR THIS INFORMATION PLEASE READ COMPLETELY.

This is tackle football. Make sure your player is ready to hit and be hit. Practices are physical and coaches may be assertive. Timid children should be discouraged from playing.

Please note: if your child is involved in other activities (catechism or school activities) it will be difficult and maybe impossible to satisfy your schedule. **You must** be flexible.

League age is your child's age on November 1 of current year.

8 and 9 year old division weight limit	125
10 and 11 year old division weight limit	145
12 and 13 year old division weight limit	170

Weight limits are strictly enforced! If your child is over weight s/he will NOT be allowed to play in the games. Weight is checked before each game!

We are members of The Northern Rocket Football League, which is a **travel league**. We play Greenville, Sparta, East Grand Rapids, Northview, Lowell, Comstock Park, Rockford, Cedar Springs and North Park, Kentwood and Caledonia. There is a possibility of traveling farther.

The schedule is set by the league on a strength basis. Each week we are notified as to when and where the teams will play the following Saturday. There is **NO LOCAL CONTROL OF THE SCHEDULE!** **Games may be played at 8:30 AM or as late as 8:30 PM. The season consists of 7 games.**

There is a possibility that one of our teams will receive a bye if there are an odd number of teams in an age group. Byes are drawn out of a hat. If games are cancelled for any reason they will NOT be made up. No refunds will be given.

Our home games are played on the varsity football field on the CAPS campus. **See stadium rules below.**

The NRFL conducts a team draft. We have no control over the make up of teams. **Requests can not be granted.**

Each team will have more away games than home games.

If your child arrives late for games s/he will not be allowed to play in the first half.

Players are responsible for their own equipment. Which includes helmet, shoulder pads, pants with pads, shoes (**NO METAL CLEATS** no screw-in cleats) and mouth guard. Helmet and pants must be white. We provide the **jerseys, which MUST be returned after the last game!!**

When you travel to other communities you are representing Coopersville. Please practice good sportsmanship at all times!

There are strict stadium rules. If those rules are violated we will play our home games on the practice field.

No dogs/animals, no smoking, spectators MUST stay in the bleachers, no food of any kind including after game snacks inside the track and field area, no skateboards. Keep your players siblings with you at all times.

If you are interested in coaching there is a mandatory meeting you MUST attend. Call or e-mail for details. NO ONE MAY BE ON THE SIDELINES WITHOUT THE NRFL ID CARD. Attending the meeting and getting certified does not guarantee a coaching spot.

IMPORTANT DATES

Wednesday August 18: NRFL officials set team rosters. Players should be contacted by their coach shortly after the 18th.

Monday August 22: first day teams will be allowed to practice (non-contact). Your child's coach will contact you with a day, time, and location. Your child MUST make ALL non-contact dates.

Monday August 29: first day contact practice will be allowed! Your coach will contact you with your team's date, time and place!

Saturday September 10 Season opener
Saturday October 22 Season Ends

QUESTIONS, CALL THE RECREATION DEPARTMENT 997-2123

When you travel to other communities you are representing Coopersville. Please practice good sportsmanship at all times!

You may check the weekly schedule and download maps at www.cityofcoopersville.com

**NO DOGS OR SMOKING ALLOWED
AT OUR PRACTICE AND GAME AREAS
PLEASE CLEAN UP AFTER YOURSELVES**